



Term 1 Week 5, 26th February 2024

Dear families and friends,

Congratulations to Tylah, Kale, Ivy, Emily, Maggie-May and Nova for the way they represented our school at the Moorambilla Voices choir trials last week. The children were privileged to participate in a workshop with Michelle Leonard OAM who is the founder, Artistic Director and Conductor of Moorambilla Voices. We are waiting with anticipation to find out if anyone made it to participate in the program later this year.

Thank you to everyone who attended the Parent Information Meeting and welcome BBQ last Tuesday. I really enjoy working with you all and appreciate your support of our beautiful little school. As discussed, our P & F AGM will be held on Wednesday, 6th March. I encourage you to come along and join the committee this year.

Our Small Schools Swimming Relay has jumped up to the 25-54 schools category this year (PP5). Nellie, Kale, Kyanna and Sloan will compete at the Diocesan trials in Parkes this Friday. Good luck!

Home reading will begin tonight. We are looking forward to watching all our students improve their reading skills over the year.

I am away on leave this Monday and Tuesday before heading to the Diocesan principal's conference in Forbes on Wednesday and Thursday. Please contact Ruth in the office for general enquiries or Brooke Hanns for any other questions.

During Lent, we reflect on Pope Francis' Message for Lent 2024 which has the theme "Through the desert God leads us to Freedom". The Holy Father emphasises that it is time to act, and in Lent to act also means to pause.

Wishing you a happy week,
Mrs Regina Goodridge, Principal

ST. JOSEPHS



DUCE MARIA

St. Joseph's Parish School

THE EDUCATIONAL MINISTRY
OF ST JAMES' PARISH IN PEAK HILL

157-163 Caswell St,
Peak Hill NSW 2869

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Guided by the love of Jesus Christ, St. Joseph's Parish School strives to provide an inclusive, nurturing environment where individuals are encouraged to be resilient, empowered learners who contribute positively to the wider community.



Parish News

ST JAMES' CATHOLIC PARISH

Caswell St, Peak Hill

Join us at 9.30am
each Sunday

Mass 2nd, 4th & 5th Sunday

Liturgy 1st & 3rd Sunday each month

LENTEN GROUP

Lenten Group meets each Tuesday, at 9.30am in the church.

If you would like to be part of this group but haven't placed your name on the list at the back of church, please feel free to attend.

RECONCILIATION

2nd Rite of Reconciliation will take place on 28th February in St James' Catholic Church at 5pm.

This will be your chance to have reconciliation prior to Easter.

IMPORTANT DATES

17 March

Solemnity: St Patrick

19 March

Solemnity: St Joseph

24 March Solemnity:

Passion of the Lord (Palm Sunday)
start of Holy Week

25 March Solemnity:

Annunciation of the Lord

31 March Solemnity:

The Resurrection of the Lord (Easter Sunday)

RELIGIOUS EDUCATION MESSAGES

Miss Brooke Hanns

We are now in the second week of Lent.

One of the ways we are asked to prepare ourselves during this time is called almsgiving.

Every Lent, our Mini Vinnies team fund raises for Project Compassion (Caritas Australia). Caritas supports vulnerable communities around the world to tackle poverty, food security, education, water, sanitation and disaster risk reduction.

You can use the QR code to go directly to our school page. Any and all donations are gratefully received. Please keep an eye out for our Lenten fund-raisers throughout the term.

Next week, we will induct our Mini Vinnies team and student leaders during Mass. We hope you can join us.





swimming fun day

ST. JOSEPHS

PEAK HILL POOL

WEDNESDAY 6 MARCH

More details coming soon!

DUCE MARIA

UPCOMING PUBLIC HOLIDAYS + PUPIL FREE DAYS

29 March: Good Friday • **1 April:** Easter Monday
• **2 April:** Student Free Day • **25 April:** ANZAC Day
• **7 June:** Student Free Day • **10 June:** King's Birthday Holiday • **24 June:** Student Free Day
• **22 July:** Student Free Day • **5 August:** Student Free Day • **21 August:** Peak Hill Show





HOW DO STUDENTS WIN TICKETS?

Each morning, St Joseph's gathers as one to start the day.

All staff members and assembly leaders nominate students who they have noticed acting in the St Joseph's Way. We look for students who are being kind, friendly, working hard, looking after each other.

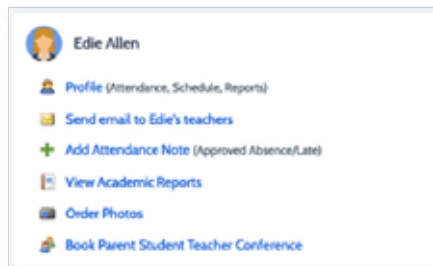
On Friday, names are drawn and the lucky winners claim a prize.

Compass tips

Entering an Attendance Note

- From the Compass home screen (or from your student's profile), click the [Add Attendance Note](#) item.
- From the pop-up window
- Select the reason
- Enter a description of the absence
- Select the start and finish time
- Click the 'Save' button
- Where possible, attendance notes should be entered prior to the absence/lateness occurring.

For more tips, check out www.compass.education/guide#section-06



Attendance Note Editor

Note Details

Person: Edie ALLEN

Reason: Medical/Illness

Detail/Comment: Feeling unwell - have a medical appointment this afternoon

Important Notice

In clicking 'Save', you understand, certify and accept that you are a listed parent/guardian for this child, and the information above is correct, and this online approval does NOT constitute a medical certificate, and students enrolled in VCE are required to submit a medical certificate to the school in addition to this approval, and any fraudulent action or intentional misuse of this feature may result in administrative, criminal and/or civil action against you (by your registered school, affiliated entities and/or the product issuer).

Start: 06/02/2021 09:00 AM Select a period...

Finish: 06/02/2021 03:30 PM Select a period...

Potentially Affected Sessions

Activity	Start	Finish
OSGEN_OSA (Yr 5 Gene...	06/02/2021 09:00 AM	06/02/2021 12:00 PM
OSGEN_OSA (Yr 5 Gene...	06/02/2021 12:30 PM	06/02/2021 03:30 PM

Save Cancel

Important Dates

Friday, 1 March

DIOCESAN SWIMMING CARNIVAL @ PARKES

Wednesday, 6 March

SJS SWIMMING FUN DAY @ PEAK HILL POOL

Wednesday, 6 March

P+F AGM 5PM @ ST JOSEPH'S

Thursday, 7 March

SCHOOL LEADERS MASS

Wednesday-Friday, 13-15 March

NAPLAN FOR YEARS 3 + 5

Thursday, 21 March

MASS OF ST JOSEPH & ST PATRICK

Monday, 25 March

PARENT/TEACHER CONFERENCES

Friday, 29 March

GOOD FRIDAY

Sunday, 31 March

EASTER SUNDAY

Tuesday, 2 April

PUPIL FREE DAY

Monday, 8 April

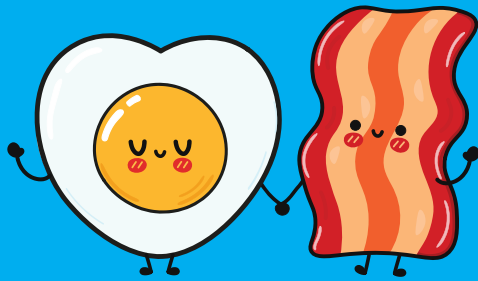
CROSS COUNTRY

Tuesday, 9 April

INFANTS EXCURSION TO PARKES LIBRARY

Thursday, 11 April

END OF TERM MASS



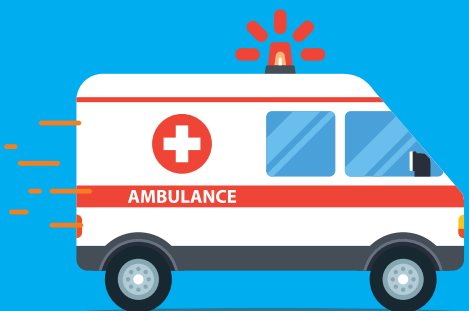
WEDNESDAY BREAKFAST CLUB

Breakfast is a great way to give the body the refuelling it needs.

Kids who eat breakfast tend to eat healthier overall and are more likely to be physically active.

Skipping breakfast can make kids feel tired, restless, or irritable.

**BREAKFAST IS SERVED
AT ST JOEY'S
FROM 8.30AM
EVERY WEDNESDAY
MORNING.**



STUDENT AMBULANCE COVER CONDITIONS

Student Ambulance Cover applies to transportation following a student accident, not an illness or medical condition.

School policy is to call an ambulance in the event of a serious injury or illness (eg severe asthma attack, anaphylactic reaction, seizure etc).

If your child has a preexisting medical condition that falls into this category, please be aware that the cost of the ambulance may be at the parent's expense if you do not have family ambulance cover.



P+F AGM

Our P+F AGM is on **6 March @ 5pm** at St Joseph's.

The P+F is a fantastic group to be part of. The aim of the P+F is to fundraise and provide resources for our students.

The P&F only meets once per term for 1 hour.

In between meetings your role will be to support the school with any fundraising or social events.



Students on visa

For our families from overseas, it is important that the school has details of your current residency status. Please provide us with your new visa grant notice or Australian citizenship documents, if:

- there has been any change in your visa sub class or the expiry date, or
- if you previously had a visa but have now become an Australian citizen.

CANTEEN LUNCH ON FRIDAYS!

St Joey's students are able to order lunch from the PH Central School canteen each Friday.

Orders should be written on a paper bag or envelope with the correct money enclosed.

The full menu is included in our newsletter.

PLEASE NOTE

The menu has been updated, some items are no longer available and some prices have changed. Please check the menu when ordering your lunch.



Home reading system 2023

At St Joseph's Parish school we focus on reading as our homework. Children are expected to read aloud each night Monday-Thursday to an adult. We also encourage parents to read aloud to their children each day

Expectations

- Each day Monday to Thursday children will bring home their reading bag with a diary to log each book read. In terms 2 and 3, children will have fluency timed reading as well.
- Parents are expected to monitor home reading and record the books read and sign/date each day.
- Each morning children will bring reading diaries back to school and place their reading folder in the tub outside the classrooms.
- Teacher Assistants for each Literacy group will check if reading has been completed and tick/sign daily. TAs will change the books for each student at some stage during the Literacy block and aim to listen to each child read the book the child had the previous night.
- On a Friday your child's Literacy teacher will check reading diaries, sign/date and write feedback. They will also keep a spreadsheet of the number of nights read each week.
- Reading bags will stay at school over the weekends.

Reward System

This year, we once again want to really encourage regular home reading and reward students who try really hard to practise their reading skills at home.

Reading consistently at home was not as regular as we would have liked for some children last year.

There will be a weekly reward for students who read 4 nights each week. This could include; free time on a Friday, an ice block or game outdoors etc.

Children who haven't read for 4 nights within the week will not receive the weekly reward and may get some help to do some catch up reading.

Children who read 90% of nights or more each term will receive a "reading reward" at the end of the term.

This will include some sort of reward that will vary. Examples may include a movie with popcorn, disco with an ice block, session of free play, board games, water play, cooking activity, art activity, local excursion, etc.

We look forward to working with you to help each child gain fluency and confidence when reading.



FAMILY MEALS: WHY DO THEY MATTER?

Getting the whole family to sit down for dinner can be next to impossible but research shows that families who eat together regularly (that's more than three times a week), have shown to have more positive outcomes when it comes to health, family relationships and social development.

The family dinner table, after all, is where children learn manners, converse and interact with grown-ups, share what's happening in their lives.

BENEFITS

- Improved relationships between family members
- Increased intake of healthy foods and healthier eating habits
 - Increased understanding of social behaviours
- Improved speech for children
- Better mental health outcomes
 - Decreased risk of children taking up smoking, drugs or having problems with the law.

WHAT YOU CAN DO

- If you're not already eating together regularly, aim to do so just one night a week.
- If dinnertime is too hard to get everyone together, try to have a special family breakfast on the weekends or a family lunch.
- During the week, don't worry if everyone can make it. Sit with whoever is at home to enjoy a meal.
- Ignore all phones, turn off the TV and ban texting at the table.
- At a loss for conversation? Ask each family member to share one good thing and one bad thing that happened during their day.
- Take turns talking so no one is left out. Use an egg timer for little kids if they tend to ramble!
- Get your children involved in the meal preparation. Older kids can take charge of the whole meal, while younger ones can help set the table.



DIOCESAN ONLINE FORMATION

with
Fr Paul Newton

Theme:
**Difficulties in
Personal Prayer**

7:30pm-8:10pm AEDT Wednesday
28th February

Zoom Meeting ID 665 8411 5159 and Passcode 709885

**Jump
into
Joey's**

- FREE no cost!
- Kinder Transition Program
- TERM 1 TO TERM 4
- Play + Social skills
- Gross + Fine Motor Skills
- Literacy + Numeracy
- EVERY Tuesday from 9am-3pm
- FREE shirt for every child

ST. JOSEPHS
PEAK HILL
DUCE MARIA

Kinder 2024

St Joey's kinder transition runs each Tuesday.

Give your child the best preparation to be ready for Kinder.

Jump into Joey's is open to all children starting kindergarten in 2025.

Call the school office on **6869 1452** or sms us on **0439 477 646**.

Come & try St Joeys!

TUCKERBOX

SCHOOL LUNCH MENU

COLD FOOD

- Vegemite or jam sandwich \$2.50
- Chicken/cheese/mayo sandwich \$4.50
- Ham/cheese/tomato sandwich \$4.50
- Salad sandwich or wrap \$5.00
- Salad box \$4.50
- Chicken or ham salad box \$6.00

HOT FOOD

- Cheese burger
beef pattie, cheese, sauce \$5.00
- Chicken burger
chicken, cheese, mayo \$5.00
- Chicken burger
with salad/cheese \$7.00
- Sweet chilli chicken wrap
2 tenders & salad \$6.50
- Lasagne & garlic bread \$5.50
- Garlic bread from 50¢ to \$2.00
- Pie & sauce \$5.50
- Sausage roll & sauce \$4.50
- Dino nuggets (3) & sauce \$2.50
- Dino nuggets (6) & sauce \$4.50
- Crumbed chicken nuggets (6) \$4.50

Extra sauce – tomato or bbq 50¢

COLD DRINKS

- Flavoured milk, 300ml \$2.50
- Up & Go, 250ml \$2.50
- Popper, 200ml \$2.00
- Juice bomb, 250ml \$3.00
- Water, 600ml \$2.00
- Nippy iced chocolate \$3.50

COLD TREATS

- Bulla ice cream cup \$2.00
- Paddle pop \$2.50
- Ice block \$1.00
- Kabluey/TNT \$1.50
- Cyclone ice block \$3.00
- Calippo \$2.00
- Jelly \$1.00
- Custard \$1.00
- Yoghurt \$1.00

SNACKS

- Chips or popcorn \$2.00
- Muffin \$3.00

Green is
an everyday
choice

Amber is
a sometimes
choice

Gluten-free
wraps + bread
available



CHALLENGE
Community Services

Foster Care

WE'LL BE
WITH YOU ALL
OF THE WAY

Thinking of becoming a foster carer?

There are thousands of children and young people in the NSW out-of-home care system needing a loving home. While there are many caring individuals and families opening up their homes and lives to foster children, there remains an ongoing need for more carers.

We understand the decision to foster is a big one. The next step is to contact the Challenge Foster Care team to discuss your situation and your suitability as a foster carer. Once you become a carer you'll be supported all the way by a dedicated caseworker and the Challenge team.



We urgently need **dedicated people** to provide care to children living in supported crisis accommodation. There are children and young people in our region in need of **safe, loving** homes where they can **thrive**.

Contact us:

02 5804 6650

8/30 Blueridge Drive, Dubbo NSW

Ready to take the next step? Fill in an enquiry form on our website and we will be in touch to walk you through the process of becoming a carer. Prefer face-to-face? You can meet one of our team at your home or a public space and they can answer any questions you might have, and explain what's involved with becoming and being a carer with Challenge.

Curious about Foster Care? Scan the QR code below to learn more



YOU ARE STRONG. YOU ARE BRAVE. YOU ARE READY.

PARKES CHRISTIAN SCHOOL PCS EXPO

Come along and see our school and talk to staff and students about the opportunities we provide



MONDAY 4 MARCH, 2023 | 5PM - 7PM
DISPLAYS THROUGHOUT THE SCHOOL | TOURS AVAILABLE
BBQ and refreshments provided